



## I want to speak to a Dietician

## Who is a Dietician?

A dietician is a university qualified allied health professional equipped with the knowledge, skills and competencies to provide a range of evidence-based nutrition services to individuals, businesses, communities and families, as well as contributing to policy and research. Dieticians are licensed to assess, diagnose and treat nutritional problems.

## What do they do?

- Manipulate diet based on research to alleviate symptoms and treat illness and disorded
- Provide individual dietary counselling
- Provide medical nutrition therapy
- Provide group dietary therapy
- Provide food service management

If you would like to speak to or secure an early appointment with a Dietician, please contact Working Life Toll Free 1300 369 072 or <a href="mail@working-life.net">mail@working-life.net</a>

ABN 21 073 697 300